



# Circle of Life Coalition Presents

## Rightsizing Not Downsizing: It's good for the soul

Join Vali Heist, Certified Professional Organizer, who will share simple organizing ideas to help people organize their best life. Vali Heist began organizing at the age of five while cleaning up her room with her sister. She is the author of "Organize This! Practical Tips, Green Ideas, and Ruminations about your CRAP". CRAP means Clutter that Robs Anyone of Pleasure. Her book is a collection of the organizing columns she wrote for the Reading Eagle including more tips, more green ways to recycle, success stories from clients, and more ruminations about CRAP.

When: Thursday, March 1, 2012

Time: 7:45 - 8:45 am

Where: The McGlenn Conference Center  
400 St. Bernadine St., Reading, PA 19607

These monthly seminars are open to the public and free to attend.

Light refreshments will be available.